





PLAYER DEVELOPMENT PROGRAM DESCRIPTIONS:

*All Instruction will include V1 Sports Pro Video Swing Analysis. Download the V1 Golf App. to view & save your lesson sessions to track your progress. Each lesson session will also be emailed to you.

V1 Golf App. (for student)

Free Download

*Apple devices: download via App. Store / Android devices: download via Play Store *Create a username / password and sign-in

Directions to retrieve video swing analysis:

- 1. Click on Instructors at the bottom of the screen
- 2. Click on Select Academy and Pro
- 3. In the search academies window type: Ryan Leitner Golf Instruction and click
- 4. Select a Pro: click on Ryan Leitner
- 5. Retrieve Swing Analysis Video (click on Lessons Tab to view)
- 6. Saved Swing Videos are stored in the Lessons Tab

Lesson Series (5)

- Covers every aspect of your golf game
- Utilization of V1 Sports Professional Video Swing Analysis System with each lesson
- Full Swing: Optimize ball striking consistency and increase distance
- Short game (wedge play): Learn proper chipping/pitching technique, how to control your trajectory & spin to optimize distance control, and how to hit all the specialty shots: bump and run, flop shots, low spin, high spin, and proper bunker play technique.
- Putting: Many aspects of putting are personal preference and comfort. However, some proper fundamentals must be engrained as well as finding your optimal grip, optic line, setup, and arc of stroke. We will also recommend the best style of putter for you matching your natural putting stroke to obtain consistent optimal putting performance.



Flight Scope Launch Monitor Lesson w/ V1 Professional Video Swing Analysis

• Flight Scope is a state-of-the-art 3D Doppler Radar-Based Launch Monitor which analyzes Data which includes: Carry Distance, Club Head Speed, Smash Factor, Apex Height, Flight Time, Ball Speed, Spin Rate, Vertical Launch Angle, Horizontal Launch Angle, Lateral Landing, Angle of Attack, Total Distance, Roll Distance, Spin Axis, Spin Loft, and Shot Shape. This coupled with V1 Professional Video Swing Analysis allows you to factually see the improvements in Accuracy and Distance you are making with the lesson.



Remote Location / Virtual Lesson – V1 Golf App. and/or Zoom, Google Meet, FaceTime

This is an invaluable use of technology as you could be at a remote location (Florida) while I am in Michigan. You just finished a round of golf and are struggling with your swing. You can go to the driving range, utilize the V1 Golf App. camera, video your swing and send to me. I will provide and send back to you a V1 Professional Swing Analysis diagnosis resolving your swing faults, which will lead to great play your next round. The V1 Golf App. is user friendly, easy to navigate, and you will quickly get good at utilizing this technology.

Directions for the Remote Virtual Lesson utilizing the V1 Golf App.

- 1. Email or text me your swing problems
- 2. Utilize the V1 Golf App. Camera (click on camera at bottom of screen)
- 3. Record two videos of your swing (after each video click on save video)
- Down-the-Line (waist level w/ hands centered on the camera) and Face-On (body centered on camera 90 degrees to the target line)
- 4. Videos will be stored in the Swings Tab
- 5. Click on the 3-dots on the right side
- 6. Click on Send Video to My Pro
- 7. Click on Select Academy and Pro
- 8. In the search academies window type: Ryan Leitner Golf Instruction and click
- 9. Select a Pro: click on Ryan Leitner
- 10. Click on Send Video to My Pro
- 11. I will send back to you my Swing Diagnosis w/ Voiceover in a timely fashion
- 12. You may also request a "Live" session utilizing Zoom, Google Meet, or FaceTime





Down-the-Line

Face-On

9-Hole Playing Lesson

- On-course management tailored to lower your scores
- Short game: how to manage your game on & around the greens, inside 100 yards, and learn what scoring clubs to use and when. Learn how and when to hit all the short game specialty shots and proper bunker play technique.
- How to manage your long and iron game around the golf course to optimize scoring performance. Learn how & when to hit the following ball flights: low trajectory, high trajectory, draws, fades, etc.

TEACHING PHILOSOPHY

As a PGA Professional, it is my assumed responsibility to aid the golfer in comprehending the components of a successful golf game. This is completed through a coaching style that combines the physical element of the game along with the mental approach to the game. The key attributes of a successful golf instructor include knowledge of the golf swing, communication with the student, motivation, and the ability to correctly diagnose swing flaws. Every individual who decides to learn the game of golf is different in their physical attributes and athletic ability. As a result, there is no one correct method of teaching every student.

TEACHING APPROACH

The student and the instructor must begin by assessing the student's expectations, goals, level of commitment, strengths, weaknesses, and physical limitations. Following a review of the proper fundamentals, it is the professional's job to identify key areas of need and work with basic elements of the swing, along with practice drills to attain muscle memory. Once this is completed, the student can begin to improve their score, as well as their enthusiasm for the game. The best results can be achieved by not only individual instruction, but video analysis, playing lessons, drills, use of training aids, custom club-fitting, and strength and flexibility exercises.